# Mechanism of Accelerated Assembly of $\beta$ -Amyloid Filaments into Fibrils by KLVFFK<sub>6</sub>

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ABSTRACT Extracellular senile plaques are a central pathological feature of Alzheimer's disease. At the core of these plaques are fibrillar deposits of  $\beta$ -amyloid peptide (A $\beta$ ). In vitro, A $\beta$  spontaneously assembles into amyloid fibrils of cross- $\beta$  sheet structure. Although it was once believed that the fibrils themselves were toxic, more recent data supports the hypothesis that aggregation intermediates, rather than fully formed fibrils, are the most damaging to neuronal tissue. In previously published work, we identified several small peptides that interact with A $\beta$  and increase its aggregation rate while decreasing its toxicity. In this work, we examined in detail the interaction between A $\beta$  and one of these peptides. Using a mathematical model of A $\beta$  aggregation kinetics, we show that the dominant effect of the peptide is to accelerate lateral association of A $\beta$  filaments into fibrils.

# INTRODUCTION

Alzheimer's disease (AD) is an age-associated neurodegenerative disease characterized by loss of memory and language skills, damaged cognitive function, and altered behavior. A central pathological feature of AD is the presence of extracellular senile plaques, found in the hippocampus and the neocortex and associated with synaptic loss and cell death (Selkoe, 1991). At the core of senile plaques are protein-aceous amyloid deposits. Chemical analysis of these deposits revealed that the major protein constituent is  $\beta$ -amyloid (A $\beta$ ) (Glenner and Wong, 1984; Masters et al., 1985). A $\beta$  is a 39–43 residue proteolytic fragment of a larger integral membrane protein called amyloid precursor protein (APP) (Kang et al., 1987).

 $A\beta$  undergoes aggregation spontaneously and assembles into amyloid fibrils with a cross  $\beta$ -sheet structure (Kirschner et al., 1987).  $A\beta$  assembly can be accelerated by several factors, including locally high  $A\beta$  concentration, acidic pH, metal ions, osmolytes, and interaction with lipid membranes (Barrow and Zagorski, 1991; Hilbich et al., 1991; Fraser et al., 1992; Yang et al., 1999; Yip et al., 2002; for review see McLaurin et al., 2000). Electron microscopy (EM) studies demonstrated that  $A\beta$  fibrils from senile plaques are straight and unbranched, 5–12 nm in diameter, and appear to be in a helical array of  $\beta$ -sheet structure (Burkoth et al., 2000; for review see Serpell, 2000).

Multiple observations indicate that amyloid fibril formation is an early and required event in the AD neurodegenerative process (Pike et al., 1993; Selkoe, 1993; Simmons et al., 1994; Moran et al., 1995; Geula et al., 1998). The "amyloid cascade" hypothesis for AD postulates that amyloid fibril

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accumulation directly leads to synaptic loss, neuritic dystrophy, and the neurotransmitter deficits that are manifestations of dementia (Hardy and Higgins, 1992). However, more recent in vitro observations have demonstrated that small, soluble, and diffusible oligomeric  $A\beta$  species are also capable of initiating pathogenic events (Roher et al., 1996; Lambert et al., 1998; Hartley et al., 1999). These data have motivated several researchers to postulate that  $A\beta$  oligomeric intermediates, rather than fully formed fibrils, are the predominant toxic species (Kirkitadze et al., 2002).

Considerable research effort has focused on discovery of candidate compounds that block the toxicity of  $A\beta$ , by targeting a specific step involved in  $A\beta$  aggregation (Camilleri et al., 1994; Tomiyama et al., 1994; Klunk et al., 1998; Pappolla et al., 1998; Hughes et al., 2000). Given the hypothesis that aggregation intermediates are responsible for  $A\beta$  toxicity, such compounds could theoretically prevent all aggregation, or alternatively cause further association of toxic oligomers into larger nontoxic aggregates. In previous work from our group, a strategy for designing peptidyl inhibitors against A $\beta$  toxicity was proposed (Pallitto et al., 1999; Lowe et al., 2001). Briefly, the inhibitors were envisioned as containing a "recognition domain," a short peptide sequence homologous to a fragment of full-length AB (KLVFF, 16-20), and a "disrupting domain," a polypeptide chain with the ability to interfere with  $A\beta$  aggregation. Inhibitors that protected PC-12 cells from A $\beta$  toxicity actually increased the rate of  $A\beta$  aggregation (Pallitto et al., 1999; Lowe et al., 2001). Among these peptides, KLVFFK<sub>6</sub> was the most potent at preventing A $\beta$ -associated toxicity to PC-12 cells and caused the largest change in A $\beta$  aggregation kinetics and aggregate morphology (Pallitto et al., 1999).

In previous work, we developed a mathematical model of  $A\beta$  aggregation kinetics from in vitro experimental data (Pallitto and Murphy, 2001). In this article, we carefully evaluated  $A\beta$  aggregation kinetics in the presence of KLVFFK<sub>6</sub>. Several questions we addressed include: 1), Does the inhibitor change the distribution of  $A\beta$  between non-amyloid and amyloid pathways? 2), Which specific step in the

 $A\beta$  aggregation pathway is the most affected by KLVFFK<sub>6</sub>? 3), What is the mechanism of interaction between  $A\beta$  and inhibitors? To answer these questions, physicochemical measurements were collected and the data analyzed using the kinetic model.

#### **MATERIALS AND METHODS**

#### **Peptide synthesis**

 $A\beta(1-40)$  was purchased from AnaSpec (San Jose, CA). KLVFFK<sub>6</sub> was synthesized by solid phase peptide synthesis using Fmoc-protected amino acids and purified by reverse phase high-pressure liquid chromatography on a C4 column (Vydac, Hesperia, CA) using linear gradient of acetonitrile/water with 0.1% trifluoroacetic acid. Molecular mass of KLVFFK<sub>6</sub> was analyzed by mass spectrometry to be 1421.7 Da (theoretical molecular mass of 1421.9 Da). Peptides were stored as lyophilized powders at  $-70^{\circ}$ C.

## Sample preparation

Phosphate-buffered saline with azide ((PBSA) 0.01 M Na<sub>2</sub>HPO<sub>4</sub>/NaH<sub>2</sub>PO<sub>4</sub>, 0.15~M NaCl, 0.02% (w/v) NaN<sub>3</sub>, pH 7.4) was double filtered through 0.22- $\mu$ m filters. Urea (8 M) was prepared in 10 mM glycine-NaOH buffer, pH 10, then filtered through 0.22- $\mu$ m filters. Lyophilized A $\beta$ (1–40) was solubilized at a concentration of 2.8 mM using prefiltered 8 M urea, pH 10. After 10 min, samples were diluted to 140  $\mu$ M A $\beta$  into filtered PBSA, or PBSA containing KLVFFK<sub>6</sub>. Samples were rapidly filtered through 0.45-µm filters directly into light-scattering cuvettes (for light scattering (LS)) or microtubes (for size exclusion chromatography (SEC)). Molecular-biology-grade urea was purchased from Boehringer-Mannheim (Indianapolis, IN). All other chemicals were purchased from Sigma-Aldrich (St. Louis, MO). The concentration of  $A\beta$  was determined from the peak area of the sample injected onto the fast protein liquid chromatography system without the column in place, using an extinction coefficient of 0.3062 (mg/ml)<sup>-1</sup> cm<sup>-1</sup> (Pallitto and Murphy, 2001), and was 120  $\pm$  20  $\mu$ M. Residual urea was 0.4 M. Urea dissolution was required to yield highly quantitatively reproducible results and to ensure a controlled initial state. The urea may change absolute rates of aggregation, but does not change trends (Lowe et al., 2001).

### Size exclusion chromatography

Samples were analyzed with SEC using a precision column prepacked with Superdex 75 (Pharmacia, Piscataway, NJ) on a Pharmacia fast protein liquid chromatography system, as described previously (Pallitto and Murphy, 2001). Briefly, the mobile phase flow rate was set at 0.05 ml/min and elution peaks were detected by ultraviolet (UV) absorbance at either 214 or 280 nm. Mobile phase buffer was matched to buffer used for dissolution of  $A\beta$ . The column was calibrated using the following proteins as molecular weight standards: insulin chain B (3500), ubiquitin (8500), ribonuclease A (13,700), ovalbumin (43,000), and bovine serum albumin (67,000). To determine the distribution between small oligomers that could be resolved on the column (molecular mass 3–70 kDa), and larger species that could not be resolved, samples were injected without the column in place; the percent of nonaggregates (monomer and dimer (M+D)) was calculated by dividing the M+D peak area by the peak area without the column in place.

#### Laser light scattering

Samples prepared as described above were placed in a bath of the indexmatching solvent decahydronaphthalene, which was temperature controlled to 25°C. Dynamic light scattering data were taken using a Coherent (Santa Clara, CA) argon ion laser operated at 488 nm and a Malvern 4700c system (Southborough, MA), as described in more detail elsewhere (Lowe et al., 2001).

Information on average particle molecular mass, shape, and dimensions were obtained using static light scattering measurements, as described previously in detail (Murphy and Pallitto, 2000). Two alternative models of particle shape, semiflexible (wormlike) chain and semiflexible branched, were used to fit the data. The semiflexible chain model describes a linear chain with total contour length  $L_{\rm c}$  and Kuhn statistical segment length  $l_{\rm k}$  (a measure of the stiffness of the chain, equal to two times the persistence length). We have shown previously that this model is a good description of  $A\beta$  fibrils (Shen et al., 1993; Shen and Murphy, 1995). The continuous semiflexible branched model describes a branched particle with a center from which extend  $n_{\rm b}$  (number of branches) semiflexible chains of contour length  $L_{\rm c,a}$  and stiffness  $l_{\rm k}$ .

# Circular dichroism spectroscopy

Secondary structure of  $A\beta$  was determined using circular dichroism (CD), collected using an Aviv 62A DS circular spectrometer (Lakewood, NJ) in the far-UV range with 0.1 cm of pathlength of cuvette. Ellipticity of sample containing 140  $\mu$ M of  $A\beta$  with and without addition of KLVFFK<sub>6</sub> at each wavelength was measured without dilution for 5 s and then averaged out. The lower wavelength boundary was limited to 211 nm due to the residual urea (0.4 M) in the sample. The spectrum of the background was measured for 5 s and averaged, followed by that of the sample. The average background was then subtracted from the average sample spectrum. The percent of each secondary structure element was calculated by nonlinear least square curve fitting of experimental ellipticities using several standard methods (Provencher and Glöckner, 1981; Manavalan and Johnson, 1987).

### Mathematical modeling

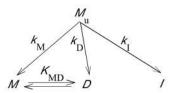
A mathematical model of  $A\beta$  aggregation kinetics was developed by Pallitto and Murphy (2001). A schematic of the model is shown in Fig. 1. Diameters of filament and fibril were assumed to be 3 and 8 nm, respectively. Model equations were solved numerically, and parameter values were obtained by multiresponse nonlinear regression, as described previously (Pallitto and Murphy, 2001).

#### **RESULTS**

To allow for a more rigorous analysis of  $A\beta$  kinetics, 8 M urea/pH 10 was used to completely dissolve  $A\beta$  and render it monomeric and random coil before dilution into PBSA to initiate aggregation (Pallitto and Murphy, 2001). A mathematical model describing the kinetics of assembly was developed previously (Pallitto and Murphy, 2001). A schematic of the model is shown in Fig. 1. Briefly, denatured monomers  $M_u$  rapidly refolded into either stable monomer M or dimer D, or less stable dimeric intermediate I. I cooperatively assembled to nucleus N to initiate formation of thin filaments f. Filaments grew linearly by repeated addition of I. Cooperative lateral association of filaments resulted in formation of fibrils F. F elongated by end-to-end association. The kinetic model was in good agreement with SEC and LS experiments.

KLVFFK<sub>6</sub> protected PC-12 cells from  $A\beta$ -associated toxicity while significantly accelerating  $A\beta$  aggregation (Pallitto et al., 1999). In those experiments,  $A\beta$  was dissolved in 0.1% trifluoroacetic acid before dilution into PBSA





Filament initiation

$$nI = \frac{k_n}{k_n} > \Lambda$$

Filament elongation /addition

$$N+1 \qquad \frac{k_{p}}{k_{-p}} \qquad f_{n+1}$$

$$f_{i}+1 \qquad \frac{k_{p}}{k_{-p}} \qquad f_{i+1}$$

Fibril formation and growth filament lateral association

 $\begin{array}{ccc}
\rho f_{i} & \xrightarrow{k_{la}} & F_{i} \\
\text{end-to-end association} & & & \\
F_{i} + F_{j} & \xrightarrow{k_{ij}} & F_{i}
\end{array}$ 

FIGURE 1 A schematic showing  $A\beta$  aggregation kinetic model (Pallitto and Murphy, 2001).

#### Model parameters

 $\begin{array}{lll} \textit{K}_{MD} & \textit{M-D equilibrium } (\mu \textit{M}^{1}) \\ \textit{k}_{M} \, / \, \, \textit{k}_{I} & \textit{Relative rate of M to / formation from } \textit{M}_{u} \, (\mu \textit{M}) \\ \textit{k}_{D} \, / \, \, \textit{k}_{I} & \textit{Relative rate of D to / formation from } \textit{M}_{u} \, (-) \\ \textit{k}_{n} \, / \, \, \textit{k}_{p} & \textit{Relative rate of filament initiation versus filament elongation } (\mu \textit{M}^{5} \textit{h}^{-1}) \\ \textit{k}_{la} & \textit{Rate of lateral alignment of filaments } (\mu \textit{M}^{2} \textit{h}^{-1}) \\ \textit{\delta} \omega_{fib} & \textit{Factor for base rate of end-to-end association of fibrils (cm-rad)} \\ \end{array}$ 

containing test inhibitory peptide. In the work presented here, we used the mathematical model to evaluate the mechanism underlying the effect of KLVFFK<sub>6</sub> on aggregation kinetics of  $A\beta$ , starting from the urea-unfolded state. Points of interest include: a), alteration of secondary structure of  $A\beta$ ; b), change in initial M+D and I split; c), shift of  $A\beta$  nucleation/elongation balance; d), acceleration/deceleration of filament assembly to fibril; and e), extent of incorporation of KLVFFK<sub>6</sub> into  $A\beta$ .

# Effect of KLVFFK<sub>6</sub> on A $\beta$ secondary structure

 $A\beta$  aggregation is linked to conversion of the peptide from random coil to  $\beta$ -sheet secondary structure.  $A\beta$  in 8 M urea/pH 10 is random coil, but after dilution into PBSA,  $A\beta$  spontaneously aggregates into  $\beta$ -sheet fibrils. We evaluated whether KLVFFK<sub>6</sub> increased the extent of  $\beta$ -sheet structure. Circular dichroism spectra were taken on samples containing

140  $\mu$ M A $\beta$  and varying concentrations of KLVFFK<sub>6</sub> (0:1, 0.1:1, 0.5:1, and 1:1 KLVFFK<sub>6</sub>:A $\beta$  molar ratio). KLVFFK<sub>6</sub> alone was random coil (Fig. 2). KLVFFK<sub>6</sub> did not alter CD spectrum of A $\beta$  at any concentration, indicating no disturbance of secondary structure by KLVFFK<sub>6</sub> (Fig. 2). Deconvolution of CD spectra revealed ~35% of  $\beta$ -sheet structure regardless of presence or absence of KLVFFK<sub>6</sub>.

### Effect of KLVFFK<sub>6</sub> on A $\beta$ population

Dilution of  $A\beta$  from urea into PBSA produces a distribution of variously sized species. Under our experimental conditions,  $\sim\!63\%$  of total  $A\beta$  was present as stable  $A\beta$  monomer or dimer, whereas the remainder was aggregates of  $>\!70$  kDa, consistent with previous reports (Pallitto and Murphy, 2001). Size exclusion chromatography experiments were performed to see whether KLVFFK<sub>6</sub> changed the distribution of  $A\beta$  species between nonamyloidogenic and

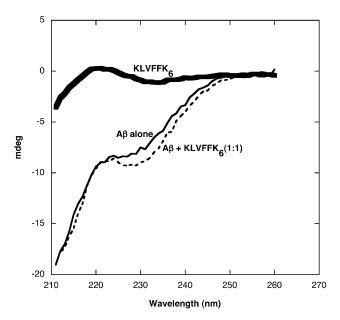


FIGURE 2 Circular dichroism (CD) spectra of 140  $\mu$ M of KLVFFK<sub>6</sub> alone (thick solid line), A $\beta$  alone (thin solid line), and KLVFFK<sub>6</sub> + A $\beta$  at 1:1 (dashed line). Data for the other molar ratio of KLVFFK<sub>6</sub>:A $\beta$  we tested were indistinguishable from those for A $\beta$  alone and 1:1 ratio of KLVFFK<sub>6</sub> + A $\beta$  (data not shown). All samples contained 140  $\mu$ M of A $\beta$  and were incubated for ~18–20 h before CD measurements. For a given wavelength, data were collected for 5 s and averaged out. Due to residual urea, the minimum wavelength was limited to 211–212 nm.

amyloidogenic states. Detection was set at 280 nm, at which wavelength  $A\beta$ , but not KLVFFK<sub>6</sub>, is detected. Percentages of  $A\beta$  monomer or dimer and aggregates were calculated and compared to  $A\beta$  alone (Table 1).  $A\beta$  population was not affected by KLVFFK<sub>6</sub>, and the distribution did not change over time (data not shown).

# Incorporation of KLVFFK<sub>6</sub> into A $\beta$

If  $KLVFFK_6$  bound to  $A\beta$  monomers and dimers, one might expect a shift in elution time of the M+D peak caused by a molecular mass increase. No such shift was observed in the presence of  $KLVFFK_6$  (data not shown). This result indicates

TABLE 1 Effect of KLVFFK<sub>6</sub> on A $\beta$  population

	$A\beta$ alone*	$KLVFFK_6 + A\beta^{\dagger}$
% of aggregates (>70 kDa) <sup>‡</sup>	37 ± 8	38 ± 4
% of nonaggregates $(M + D)^{\ddagger}$	63 ± 8	62 ± 4

<sup>\*</sup>Sample contained 140  $\mu$ M of A $\beta$ .

that KLVFFK<sub>6</sub> is not associated to any measurable extent with monomeric or dimeric  $A\beta$  species. We repeated SEC analysis of  $A\beta$  + KLVFFK<sub>6</sub> with detection at 214 nm, where both  $A\beta$  and KLVFFK<sub>6</sub> contributes to absorbance. We observed a significant peak at 39 min elution time, matching that of KLVFFK<sub>6</sub> alone (data not shown). Comparison of the area of this peak in the absence and presence of  $A\beta$  suggested most (>90%) of KLVFFK<sub>6</sub> eluted as free peptide, although accurate quantification was not possible due to low signal/noise ratio. This result implied very little of KLVFFK<sub>6</sub> is incorporated into aggregated  $A\beta$ .

# Effect of KLVFFK<sub>6</sub> on A $\beta$ aggregation kinetics

We evaluated  $A\beta$  aggregation kinetics in the presence of varying concentrations of KLVFFK<sub>6</sub> using light scattering. Data are reported as average hydrodynamic diameter,  $d_{\rm sph}$  and scattering intensity at 90° angle,  $I_{\rm s}(90^{\circ})$ , versus time. Because small species contribute less to scattered light,  $d_{\rm sph}$  and  $I_{\rm s}(90^{\circ})$  indicate primarily the change in size and/or mass of aggregates rather than of  $A\beta$  M+D. The rate of increase in  $d_{\rm sph}$  and  $I_{\rm s}(90^{\circ})$  increased, with increasing amounts of KLVFFK<sub>6</sub>. The increase in  $I_{\rm s}(90^{\circ})$  was approximately twofold greater than the increase in  $d_{\rm sph}$  (Fig. 3). Because  $I_{\rm s}(90^{\circ})$  scales approximately with average aggregate molecular mass, whereas  $d_{\rm sph}$  scales approximately with average aggregate length, these results indicate that KLVFFK<sub>6</sub> increased the linear density (mass per unit length) of  $A\beta$  aggregates.

# Effect of KLVFFK<sub>6</sub> on A $\beta$ aggregate size and shape

We wondered whether the morphology of  $A\beta$  aggregates changed in the presence of  $KLVFFK_6$ . To determine this, we collected static light scattering data at multiple angles; results are presented as a Kratky plot (Fig. 4). For  $A\beta$  alone and  $KLVFFK_6 + A\beta$  (1:1 molar ratio), the Kratky plots were fairly linear, characteristic of a rodlike morphology. With increasing concentration of  $KLVFFK_6$ , a shift of the aggregate morphology was apparent. At 2.5:1 molar ratio, a plateau at higher angles was observed, indicative of longer fibrils and a linear semiflexible chain morphology. At 5:1 and 10:1 molar ratio, there was a substantial change in the curve, exhibiting an intermediate "bump" that is characteristic of a branched morphology.

 $\langle M \rangle_{\rm w}$ ,  $L_{\rm c}$  (or  $L_{\rm c,a}$ ),  $l_{\rm k}$ , and  $n_{\rm b}$  were determined by fitting the data to model equations for the appropriate particle structure function. Results are summarized in Table 2. Both  $\langle M \rangle_{\rm w}$  and  $L_{\rm c}$  increased with increasing concentration of KLVFFK<sub>6</sub>, with a greater increase in  $\langle M \rangle_{\rm w}$  than  $L_{\rm c}$ . The increase in  $\langle M \rangle_{\rm w}/L_{\rm c}$  implies greater average linear density with increasing concentration of KLVFFK<sub>6</sub>, consistent with results shown in Fig. 3.

<sup>&</sup>lt;sup>†</sup>Sample contained 140  $\mu$ M of KLVFFK<sub>6</sub> and 140  $\mu$ M of A $\beta$ .

 $<sup>^{\</sup>ddagger}$ The identical samples were injected using the same sample loop and detector with and without the column in place. To calculate the fraction of A $\beta$  in monomer and dimer populations, the individual peak areas (obtained with the column in place) were divided by the peak area without the column. The fraction of aggregates (>70 kDa) was calculated by difference. All values are mean  $\pm$  SD of six independently prepared samples.

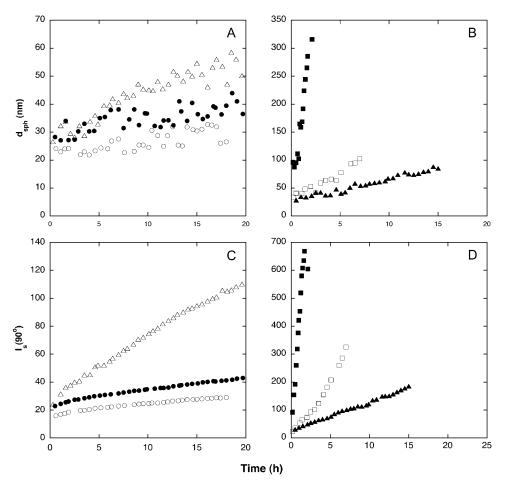


FIGURE 3 Hydrodynamic diameter  $d_{\rm sph}$  (A and B) and scattering intensity at 90° angle  $I_{\rm s}(90^\circ)$  (C and D) for  $A\beta$  alone ( $\bigcirc$ ), KLVFFK<sub>6</sub> +  $A\beta$  (1:10) ( $\blacksquare$ ), (1:1) ( $\triangle$ ), (2.5:1) ( $\triangle$ ), (5:1) ( $\square$ ), and (10:1) ( $\blacksquare$ ). All samples contained 140  $\mu$ M  $A\beta$ .

# Kinetic model of $A\beta$ aggregation in the presence of KLVFFK<sub>6</sub>

Data were analyzed based on the kinetic model developed previously (Pallitto and Murphy, 2001). SEC and CD data indicated that KLVFFK<sub>6</sub> does not change the split between amyloidogenic and nonamyloidogenic  $A\beta$ , implying no change in the "refolding" step; this is reflected in the model as no change in  $K_{MD}$ ,  $k_M/k_I$ , and  $k_D/k_I$  (Fig. 1). KLVFFK<sub>6</sub> did, however, strongly affect kinetics of growth in a concentrationdependent manner. Therefore, the major change is downstream of the "refolding" step (Fig. 1). Light scattering data were used to obtain the best fit parameter values for filament initiation and elongation  $(k_p/k_n)$ , and fibril formation by lateral association  $(k_{la})$  and fibril growth by end-to-end association  $(\delta\omega_{\rm fib})$  (Fig. 1). Because the kinetic model assumes a linear aggregate morphology, kinetic data of samples exhibiting a branched morphology could not be fitted to the model. For 5:1 ratio of KLVFFK<sub>6</sub>:A $\beta$ , it was not possible to obtain fits if the entire data set was used; therefore we used only data up to  $\sim$ 4 h to evaluate parameters. For the same reason, no attempt was made to fit any of the data for 10-fold excess of KLVFFK<sub>6</sub>.

Our kinetic model captured growth of  $A\beta$  in the presence of KLVFFK<sub>6</sub> reasonably well (Fig. 5). Parameter values are

summarized in Table 3. First, we examined the effect of KLVFFK<sub>6</sub> on filament initiation and elongation.  $k_n$  and  $k_p$  are rate constants governing nucleus N initiation from unstable intermediate species I, and filament initiation and growth by addition of I, respectively. Therefore,  $k_n/k_p$  represents the balance between new filament formation versus growth of existing filaments.  $k_n/k_p$  was not substantially affected by KLVFFK<sub>6</sub>, indicating that the peptide did not disturb this balance. Then, we examined the effect of KLVFFK<sub>6</sub> on fibril formation and growth.  $k_{la}$  characterizes the rate of lateral association of filaments into fibrils, whereas  $\delta\omega_{\rm fib}$  characterizes the rate of growth by fibril end-to-end association.  $\delta\omega_{\rm fib}$ decreased moderately in the presence of KLVFFK<sub>6</sub>. By far the greatest effect of KLVFFK<sub>6</sub> was on lateral association of filaments into fibrils:  $k_{la}$  increased by approximately fourfold at 1:10 ratio of KLVFFK<sub>6</sub>:A\(\beta\), ~70-fold at 1:1 ratio, and  $\sim$ 300-fold at 2.5:1 ratio.

# DISCUSSION

Examination of the events by which monomeric  $A\beta$  associates into oligomers and fibrils is of central importance to elucidation of the molecular mechanisms underlying AD pathogenesis. The fact that fibrils formed in vitro are identical

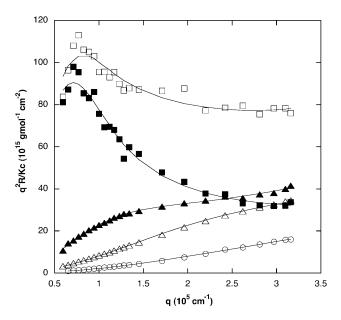


FIGURE 4 Effect of KLVFFK<sub>6</sub> on scattering intensity of A $\beta$  aggregates. Data are presented in the form of Kratky plots. Data were collected 21 h after sample preparation for A $\beta$  alone ( $\bigcirc$ ), KLVFFK<sub>6</sub> + A $\beta$  (1:1) ( $\triangle$ ), (2.5:1) ( $\triangle$ ), and (5:1) ( $\square$ ) or after 2 h for KLVFFK<sub>6</sub> + A $\beta$  (10:1) ( $\blacksquare$ ). Each sample contained 140  $\mu$ M A $\beta$ . Lines indicate the fitted particle shape function, P(q) for semiflexible chains ( $\bigcirc$ ,  $\triangle$ , and  $\triangle$ ) or a branched structure ( $\square$  and  $\blacksquare$ ). Kratky plot analysis of 10:1 sample after 21 h could not be made due to formation of significant amount of precipitates. c is the peptide concentration.  $q = 4\pi n/\lambda_0$  sin ( $\theta/2$ ), where n is the refractive index of the solvent,  $\lambda_0$  is the wavelength of the incident beam in vacuo, and  $\theta$  is the scattering angle. R is the Rayleigh ratio of sample.  $K = 4\pi^2 n^2 (dn/dc)^2/N_A \lambda_0^4$ , where dn/dc is the refractive index increment, and  $N_A$  is Avogadro's number.

to those in vivo as determined by EM and x-ray diffraction, and are toxic to neuron cells, gives a strong justification for the validity of in vitro  $A\beta$  aggregation studies (Kirschner et al., 1987; Pike et al., 1993).

Peptides designed to interfere with A $\beta$  aggregation also inhibited A $\beta$ -associated toxicity (Pallitto et al., 1999; Lowe et al., 2001). Among these peptides, KLVFFK<sub>6</sub> was judged one of the most active. A detailed mathematical model of A $\beta$ 

aggregation kinetics was previously proposed (Pallitto and Murphy, 2001), and we hypothesized that the model could be used to determine the specific step(s) in the aggregation pathway affected by  $KLVFFK_6$ .

We considered it possible that KLVFFK<sub>6</sub> could increase the  $A\beta$  aggregation rate by changing the secondary structure or the fraction of  $A\beta$  that is aggregated. However, analysis of CD spectra demonstrated that KLVFFK<sub>6</sub> did not change the  $\beta$ -sheet content of  $A\beta$  preparations. From SEC analysis, we observed no disturbance of the distribution of  $A\beta$  between M+D versus aggregated material. Furthermore, KLVFFK<sub>6</sub> does not appear to bind measurably to M+D  $A\beta$  (data not shown). Together these results demonstrate that KLVFFK<sub>6</sub> does not act by associating with monomeric  $A\beta$ , by changing  $A\beta$  secondary structure, or by affecting the split of  $A\beta$  between nonamyloidogenic and amyloidogenic species (Fig. 1). Thus, its action is felt in a later step in the aggregation pathway.

Light-scattering analysis indicated that KLVFFK<sub>6</sub> does cause an increase in the rate of growth of aggregate size, as measured by both  $d_{\rm sph}$  and  $I_{\rm s}(90^{\circ})$ . The change in  $I_{\rm s}(90^{\circ})$  was greater than the change in  $d_{\rm sph}$ , indicating that the increase in growth rate of the average molar mass of the aggregates was greater than the increase in growth rate of the average aggregate length. Closer analysis of the angular dependence of scattering showed that increasing the concentration of KLVFFK<sub>6</sub> increased the average molar mass and contour length of the aggregates, and led to changes in morphology from rigid rod to semiflexible chain to branched structures (Table 2 and Fig. 4). A greater mass per unit length in the presence of KLVFFK<sub>6</sub> was detected, consistent with observations from the fixed-angle scattering measurements.

The data were used to determine kinetic parameters in our model. Neither the balance between filament elongation versus initiation  $(k_{\rm p}/k_{\rm n})$  nor end-to-end fibril growth  $(\delta\omega_{\rm fib})$  were affected much (Table 3). Rather, the major effect of KLVFFK<sub>6</sub> was to accelerate the rate of lateral association of filaments to fibrils, as evidenced by a large and dose-dependent increase in  $k_{\rm la}$ . This finding is consistent with previous qualitative observations of an increase in linear

TABLE 2 Size characteristics of  $A\beta$  aggregates in the presence of KLVFFK<sub>6</sub>

	Molar ratio (KLVFFK <sub>6</sub> :A $\beta$ )*					
	0:1 <sup>†</sup>	1:1 <sup>†</sup>	2.5:1 <sup>†</sup>	5:1 <sup>†</sup>	10:1 <sup>‡</sup>	
$\langle M \rangle_{\rm w} \text{ (kDa)}$	190 ± 20	700 ± 20	4200 ± 200	57,000 ± 12,000	58,000 ± 9000	
$L_{\rm c}$ (or $L_{\rm c,a}$ ) (nm)	$90 \pm 5$	$160 \pm 5$	$830 \pm 30$	$1500 \pm 500$	$1400 \pm 400$	
$l_{\rm k}$ (nm)	$ND^{\S}$	ND§	$200 \pm 10$	$120 \pm 50$	$130 \pm 40$	
$n_{\rm b}$	_	_	_	$5 \pm 2$	$9 \pm 3$	

Data at the lowest three concentrations of KLVFFK<sub>6</sub> were analyzed using a linear semiflexible chain model, whereas at the highest two concentrations, the branched structure model was assumed.  $\langle M \rangle_w$ , weight-average molecular mass;  $L_c$ , the contour length of fibril in the semiflexible chain;  $L_{c,a}$ , the contour length of one arm in the branched structure;  $l_k$ , Kuhn statistical length;  $n_b$ , the number of branches in the branched structure.

<sup>\*</sup>All samples contained 140  $\mu$ M of A $\beta$ .

<sup>&</sup>lt;sup>†</sup>Data were taken 21 h after dilution.

<sup>&</sup>lt;sup>‡</sup>Data were taken 2 h after dilution.

 $<sup>^{\</sup>S}$ ND, not determined. Because  $L_c$  is shorter than  $l_k$ , the fibrils behave as rigid rods and  $l_k$  cannot be determined.

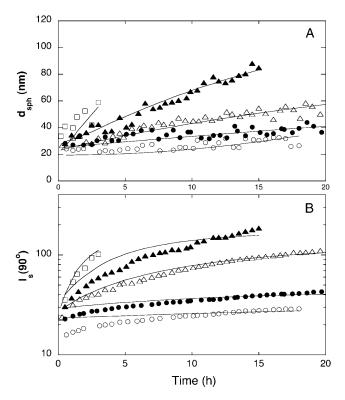


FIGURE 5 Measured average hydrodynamic diameter  $d_{\rm sph}$  (A) and average scattering intensity  $I_{\rm s}(90^\circ)$  (B) of A $\beta$  aggregates for A $\beta$  alone ( $\bigcirc$ ), KLVFFK<sub>6</sub> + A $\beta$  (1:10) ( $\blacksquare$ ), (1:1) ( $\triangle$ ), (2.5:1) ( $\blacksquare$ ), and (5:1) ( $\square$ ) are shown along with model simulations (*lines*) generated using parameters given in Table 3.

density of  $A\beta$  aggregates in the presence of KLVFFK<sub>6</sub> (Lowe et al., 2001; Moss et al., 2003).

We wondered whether we could interpret our results in light of recent findings about  $A\beta$  aggregate structure reported by the Tycko group (Tycko, 2003). Briefly, using solid-state NMR techniques, they proposed the following model: a), each  $A\beta$  molecule contains two  $\beta$ -strands (residues 13–24 and 30–40) separated by a bend (25–29); b), a double-layered "cross- $\beta$  unit" is constructed from an  $A\beta$  dimer, with the two strands in each  $A\beta$  molecule belonging to separate  $\beta$ -sheets;

TABLE 3 Effect of KLVFFK<sub>6</sub> on model parameters

	Molar ratio (KLVFFK <sub>6</sub> :A $\beta$ )*					
	0:1	0.1:1	1:1	2.5:1	5:1	
$\frac{k_{\rm n}/k_{\rm p}}{(10^8 \ \mu \text{M}^{-5} \text{h}^{-1})}$	$2.5 \pm 2.0$	9 ± 4	$1.4 \pm 0.5$	$0.7 \pm 0.04$	1.6 ± 0.9	
				100 ± 20		
$\frac{(10^3  \mu \text{M}^{-2} \text{h}^{-1})}{\delta \omega_{\text{fib}}^{\dagger}}$						
$\delta\omega_{\rm fib}$ (10 <sup>8</sup> cm-rad)	13 ± 6	$7 \pm 2$	$1.0 \pm 0.1$	$1.6 \pm 0.2$	$2.4 \pm 0.8$	

Other parameters not shown here were set equal to previously determined values (Pallitto and Murphy, 2001).

and c), a ''protofilament'' contains two cross- $\beta$  units laterally assembled into a four-layered structure. The mass-per-unit length (MPL) of a single cross- $\beta$  unit was estimated at 9 kDa/nm, and MPL of a protofilament at 18 kDa/nm. Protofilament formation is hypothesized to be driven by hydrophobic collapse occurring between the 30–40 strands in adjacent cross- $\beta$  units. Further lateral association of protofilaments, via hydrophobic and electrostatic interactions, is allowed by the Tycko model. Atomic force microscopy studies from other groups provide further evidence of the existence of a mechanism for fibril growth by lateral association (Harper et al., 1997; Nichols et al., 2002).

We calculated MPL for our A $\beta$  aggregates from  $\langle M \rangle_{\rm w}$ ,  $L_{\rm c}$ , (Table 2) and the fraction of peptide that was aggregated (Table 1). Average MPL was estimated at ∼6 kDa/nm for A $\beta$  alone, and increased up to ~20 kDa/nm at high KLVFFK<sub>6</sub>:A $\beta$  ratio. These estimates are in the same range as those of Tycko (2003), and suggest that the aggregated species we observe are not highly laterally associated. In light of the Tycko model, we speculate that, at no or low KLVFFK<sub>6</sub>, the detected species (what we call "filaments") are predominantly elongated cross- $\beta$  units. As the KLVFFK<sub>6</sub> dose increases, there is a shift toward lateral assembly of cross- $\beta$  units into "protofilaments," and further alignment of "protofilaments" into fibrils. (Our model does not allow for a stable population of "protofilaments"; their stability relative to elongated cross- $\beta$  units and fibrils may depend on solvent conditions.) We propose that KLVFFK6 increases the strength of the hydrophobic interaction, driving protofilament and fibril formation. We have recently reported on a chemical modification of KLVFFK6 that increases solvent surface tension and greatly accelerates  $A\beta$  aggregation relative to KLVFFK<sub>6</sub> (Kim et al., 2003), in agreement with this hypothesis. This result, together with those reported here, is consistent with a speculation that this class of peptides drives  $A\beta$  aggregation via changes in solvent properties, therefore strengthening hydrophobically driven lateral association.

Despite the dramatic effect of KLVFFK<sub>6</sub> on lateral association, very little (<10%) of the peptide, if any, was actually incorporated into A $\beta$  fibrils. Still, a peptide with a nonhomologous recognition element, KLVIIK<sub>6</sub>, had no effect on A $\beta$  aggregation (data not shown), indicating that some binding between KLVFFK<sub>6</sub> and A $\beta$  must occur. We hypothesized that KLVFFK<sub>6</sub> binds reversibly to m binding sites on the filaments;

$$[f] + m[P] \leftrightarrow [f \cdot P_{\rm m}],$$
 (1)

where [f] = free filament concentration, [P] = free KLVFFK<sub>6</sub> peptide concentration, and  $[f \cdot P_m]$  = filament-peptide complex concentration (all in  $\mu$ M). In the absence of KLVFFK<sub>6</sub>, we modeled the kinetics of lateral association of filaments as a third-order process (Pallitto and Murphy, 2001):

<sup>\*</sup>All samples contained 140  $\mu$ M of A $\beta$ .

 $<sup>^{\</sup>dagger}k_{ij}$  is calculated from  $\delta\omega_{fib}$  as previously described (Pallitto and Murphy, 2001).

$$\frac{d[F]}{dt} = k_{\text{la}}[f]^3. \tag{2}$$

Binding of KLVFFK<sub>6</sub> changes filament-filament versus filament-solvent energetics to favor filament-filament lateral association. In the presence of KLVFFK<sub>6</sub>, we modeled lateral association of filaments with and without bound peptide also as a third-order process:

$$\frac{d[F']}{dt} = k'_{la}[f]^{s} [f \cdot P_{m}]^{3-s}, \tag{3}$$

where  $0 \le s \le 3$ , and F' is the fibrils formed in the presence of KLVFFK<sub>6</sub>.

We hypothesized that:

$$k'_{\mathrm{la}} \propto k_{\mathrm{la}} \frac{\left[f \cdot P_{\mathrm{m}}\right]^{3-\mathrm{s}} \left[f\right]^{\mathrm{s}}}{\left[f\right]^{3}},$$

or

$$\log k'_{la} = \text{constant} + \log k_{la} + (3 - s) \log \left( \frac{[f \cdot P_{m}]}{[f]} \right), \quad (4)$$

where  $k_{\text{la}}$  is the lateral association rate constant for A $\beta$  alone, and  $k'_{\text{la}}$  is the lateral association rate constant in the presence of KLVFFK<sub>6</sub> and is a function of the peptide's concentration and its affinity for binding to filaments. Because  $[f]_{\text{total}} = [f] + [f \cdot P_{\text{m}}]$ :

$$\log k'_{la} = \text{constant} + \log k_{la} + (3 - s) \log \left( \frac{[f \cdot P_{m}]}{[f]_{\text{total}} - [f \cdot P_{m}]} \right), \tag{5}$$

where  $[f]_{\text{total}} = \text{total filament concentration (in } \mu\text{M})$ . To evaluate these hypotheses, we need to determine how  $[f \cdot P_m]$  changes with total peptide concentration. We assumed that KLVFFK<sub>6</sub> binds to m identical and noninteracting sites on A $\beta$  filaments but does not bind to stable monomer or dimer, or,

$$\frac{[P_{\rm b}]}{[f]_{\rm total} \times m} = \frac{[P]}{[P] + K_{\rm d}},\tag{6}$$

where  $[P_b]$  = concentration of peptide bound to filament. Because  $[P_b]/m = [f \cdot P_m]$  on average and  $[P] \approx [P]_{\text{total}}$  as described in Results, Eq. 5 is further reduced by combination with Eq. 6:

$$\log k'_{\text{la}} \approx \text{constant} + \log k_{\text{la}} + (3 - s) \log \left(\frac{[P]_{\text{total}}}{K_{\text{d}}}\right).$$
 (7)

We plotted  $\log k'_{\text{la}}$  vs.  $\log [P]_{\text{total}}$  from Table 3 and obtained a slope of 3 - s = 1.3, or s = 1.7. Because s < 3, this analysis

implies that only half of the filaments in a fibril must contain bound KLVFFK<sub>6</sub> to render significant change in lateral association. Using  $K_{\rm d} \sim 40~\mu{\rm M}$  for binding of KLVFFK<sub>6</sub> to A $\beta$  (Cairo et al., 2002), combined with our observations that <10% of all KLVFFK<sub>6</sub> is bound to A $\beta$ , and that the average filament is a 120-mer (Tables 1 and 2), we estimate from Eq. 6 that  $m \approx 50$ . Therefore >60% ((120 - 50)/120) of all A $\beta$  molecules in a filament are protected, unable to bind to KLVFFK<sub>6</sub>.

From our data, we were unable to ascertain whether KLVFFK<sub>6</sub> remained bound to fibrils ("stoichiometric" mode) or was released from fibrils and available for another round of binding to filaments ("catalytic" mode). Equation 7 suggests that stronger affinity (lower  $K_d$ ) of peptide to A $\beta$ leads to larger lateral association of filaments, as long as the amount of peptide bound to filament is small relative to total peptide concentration. In the catalytic mode, however, a very strong affinity of peptide binding to A $\beta$  filaments would reduce the peptide's effectiveness at increasing lateral association. In other words, there would be an optimum binding affinity of peptide to  $A\beta$ , if these peptides act catalytically rather than stoichiometrically. With a panel of peptide inhibitors, lower  $K_d$  correlated strongly with greater effect on A $\beta$  aggregation and greater potency in inhibiting toxicity (Cairo et al., 2002). However, in none of these peptides was the binding affinity strong enough to distinguish between catalytic and stoichiometric modes of action.

The fact that the predominant effect of KLVFFK<sub>6</sub> is to accelerate lateral alignment, leading to a decrease in the relative fraction of filament compared to fibril, is consistent with the hypothesis that intermediate species such as the cross- $\beta$  unit or the protofilament are toxic (Kirkitadze et al., 2002). This is demonstrated in Fig. 6, where we use the kinetic model to calculate the filament and fibril fraction as a function of KLVFFK<sub>6</sub> concentration. Previous work from our group suggested that intermediate A $\beta$  species with highly exposed hydrophobic patches interact most strongly with the lipid bilayer and lead to changes in membrane fluidity (Kremer et al., 2000). Such changes in membrane physical properties may produce harmful effects on cellular functioning. KLVFFK<sub>6</sub> could reduce A $\beta$  toxicity by accelerating burial of these hydrophobic patches and driving formation of inert fully formed fibrils.

This analysis demonstrates the utility of a detailed mathematical model in interpreting the mode of action of putative aggregation modifiers. Specifically, for KLVFFK<sub>6</sub> we concluded that 1), this inhibitor does not change the distribution of  $A\beta$  between amyloid and nonamyloid paths; 2), this inhibitor affects most strongly the rate of lateral aggregation of  $A\beta$  filaments into fibrils; and 3), this inhibitor interacts with aggregated, not monomeric,  $A\beta$ , to enhance hydrophobically driven association. Such an analysis can contribute in two ways: first, to develop testable hypotheses for the mechanism of toxicity, and second, to suggest new design strategies in the search for better inhibitors of  $A\beta$  toxicity.

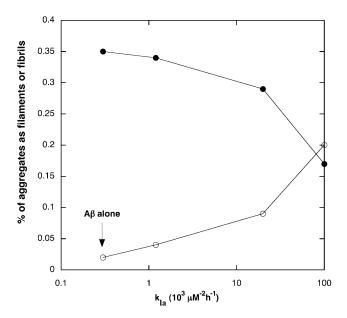


FIGURE 6 Weight fraction of filament ( $\bullet$ ) and fibril ( $\bigcirc$ ) simulated by the kinetic model using parameters given in Table 3. Points correspond to KLVFFK<sub>6</sub> + A $\beta$  at (0:1), (0.1:1), (1:1), and (2.5:1) molar ratios.

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